



east coast yoga



## Mini Retreats in Nambucca 2021

Dates: 5-7 February  
7-9 May  
6-8 August  
5-7 November

Cost \$400

Gretchen: 0429949754  
[eastcoastyoga.com.au](http://eastcoastyoga.com.au)

Retreats include 4, two hour classes, with two JI2 qualified Iyengar Yoga teachers and 2 nights accomodation in cabins at the Reflections Holiday Park Nambucca Heads.