

1-6 November 2018 with East Coast Iyengar Yoga Studio

A week away in Fiji to revitalise before the festive season?

I am talking to the people at a gorgeous boutique resort, MantaniVusi, 2 hours south of Nadi.

It's a perfect venue for us, recently awarded an eco tourism award, MantaniVusi has only 12 rooms & so close, only 2 hours drive south of Nadi airport. We will have the privilege of 'owning' the whole place for the duration of our stay. There is a designated yoga space & for surfers access to 3 reef breaks, including Frigates Pass.

Costs will include all accommodation, 3x 1 hour yoga sessions per day, 3 delicious Pacific rim inspired meals per day, transfers to & from Nadi airport & boat transfers to the surf breaks.

I'd love to share this revitalizing week with those of you who appreciate yoga, peace & space in a tropical hideaway.

Cost for 6 days: \$au2,500 per person twin share \$au3000 single.

Call me, Suzanne, 042760158/0265690895. I love to extol the virtues of a week away in the tropics! Practicing yoga, relaxing, eating fresh food, snorkeling in a blue lagoon, surfing amazing breaks, you will leave feeling fantastic!

Bula Vinaka, ...



Suzanne